



I authorize Arbor Eye Center, P.A. to perform intense pulsed light (IPL) cosmetic skin treatments on me including, but not limited to, the treatment of dry eye (meibomian gland disease), pigmented lesions (sunspots, age spots, and other skin discolorations), vascular lesions (red spots, small spider veins on the face), wrinkles, furrows and fine lines. I understand that the procedure is purely elective, that the results may vary with each individual and that multiple treatments may be necessary.

I understand that:

- The Icon® Aesthetic System is a pulsed-light and laser system that delivers a precise pulse of light energy that is absorbed by chromophores in skin, for example hemoglobin in the blood or pigment within a lesion, causing a thermal reaction. Everyone in the treatment room, myself included, must wear protective eyewear to prevent eye damage from this light energy.
- The sensation of light is sometimes uncomfortable and may feel like a moderate to severe pinprick or flash of heat.
- The treated area may be red and swollen for up to 24 hours or longer. Cooling the area after the treatment with ice packs or topical gels may help reduce swelling and discomfort.
- Common side effects include temporary redness (erythema) or a mild “sunburn-like” effect that may last up to 3-4 days or longer. Other potential side effects include, but are not limited to, crusting, irritation, itching, pain, burns, scabbing, swelling (edema), broken capillaries, bronzing, acne and herpetic breakouts. There also is a risk of resulting unsatisfactory appearance and failure to achieve the desired result.
- Pigment changes including hypopigmentation (lightening of the skin) or hyperpigmentation (darkening of the skin) may occur. These pigment changes usually last 1-6 months but may be permanent. Freckles may temporarily or permanently disappear in treated areas.
- There is no guarantee that the expected or anticipated results will be achieved.
- Exposure to the sun, use of tanning beds/ lamps and the use of self-tanning creams may increase my chance of complications. Failure to adhere to the pre/post-treatment instructions provided to me may also increase my chance of complications.
- There is a possibility of coincidental hair removal when treating pigmented or vascular lesions in hair-bearing areas. There is a risk that the hair regrowth may be changed, such as little or no regrowth or more regrowth than before.
- I should call my provider as soon as possible if I have any concerns about side effects or complications after treatment.
- Not providing my complete medical history before proceeding with a light-based treatment could impact treatment results and cause complications

FDA Approval

The treatment of meibomian gland disease and dry eye with the Icon device is not FDA approved, and we provide treatment off label. “Off label” refers to using a product that is FDA approved for a particular indication for some other medical purpose.

I have read and understand all the information presented to me before consenting to treatment. I have had all my questions answered. I freely consent to the proposed treatment today as well for future treatments as needed.

Signature: _____

Date: _____

Print name: _____

